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The Country Code

Please follow the Country Code at all times:

- Enjoy the countryside - respect its life and work
- Guard against risk of fire
- Fasten all gates
- Keep dogs under control
- Keep to public paths
- Use gates and stiles to cross fences, hedges and walls
- Leave livestock, crops and machinery alone
- Take your litter home
- Help keep water clean
- Protect wildlife, plants and trees
- Take care on country roads
- Make no unnecessary noise

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The Frome Valley Walkway is a 29km (18 mile), long path which follows the River Frome from the River Avon in the centre of Bristol to the Cotswold Hills in South Gloucestershire.

The route links with the Cotswold Way National Trail at one end and the Avon Walkway at the other, as well as connecting with a number of other well established recreational routes, notably, the Jubilee Way, the Monarch's Way and the Community Forest Path.

The path passes through a variety of landscapes including open countryside and meadows in South Gloucestershire, the historic town of Chipping Sodbury, wooded valleys south of Winterbourne Down, the pretty village of Frenchay and landscaped parks in Bristol including Oldbury Court estate, originally an old hunting lodge within the Royal Forest of Kingswood.

In Bristol the route runs through city parks and along pavements. Some sections of the River Frome are culverted near to the City Centre, including the point where it enters the River Avon near Castle Park.
The name Frome is derived from Anglo-Saxon ‘Frum’ meaning rapid or vigorous. The social & economic history of the local area along the path is well documented, which passes a number of medieval churches, old quarries, mines and mills. Bristol, meaning ‘Bridge Town’, was an important trading centre by 1000AD and during the Middle Ages became prosperous from the increase in imports & exports. The marches along the Frome & the Avon were drained and reclaimed as the City grew, and industries expanded to supply goods for the colonial and slave trades. The ships grew larger and required deeper waters leading to a decline on the wharfs of the Frome. Upstream a number of mill operated industries existed and leisure activities such as boating & fishing were popular. Originally, there were 13 one arch bridges along the city section of the Frome, but these were all destroyed by the gradual covering over of the river in the 18th & 19th centuries and by the M 32 motorway construction.

The Frome Valley Walkway provides a great opportunity for everybody to enjoy the local parks and woodlands in Bristol and to explore the open countryside in South Gloucestershire. The path follows the River Frome, as it gently winds its way, creating an easy and level walking route for much of its length. The route in Bristol, between Castle Park and Frenchay Bridge, mostly follows off-road tarmac paths close to the river or pavements for short sections close to the City. The middle section of the route, extending out from the edge of the City between Frenchay and Winterbourne Down, wanders through riverside woodlands and runs over unsurfaced and surfaced paths, which include the occasional gate, stile and bridge. The upper section of the walkway runs through open countryside on field footpaths, narrow in places, with regular stiles. The path officially ends in Old Sodbury, at the foot of the Cotswold Hills, although continuing on to Tormarton along the Cotswold Way you pass the source of the Frome and there are spectacular views from the top of the escarpment.
Bristol Castle, around which the City grew, originally stood on what is now Castle Park. The Castle was surrounded by a moat created by the Avon and the Frome. The River Frome runs down the centre of River Street under what is now the car park. This long wide road used to be a ropewalk where long ropes were spun. The Quaker Meeting House and the New Street flats stand on the site of what was possibly Britain's first workhouse, established by Bristol Quakers in 1698.

The now busy St. Paul's Roundabout used to be the site of Britain's first successful commercial brass factory, established by Quakers in 1702. Slag from this industry was used in building blocks and can be seen in a number of structures, including the walls alongside the river.

The charming 'Old Fox' pub once stood on the banks of the River Frome and is worth a visit for its display of photographs depicting Victorian Easton and local coal miners. The pub was the first to be bought by CAMRA (Campaign for Real Ale) and it was a haunt of the world famous cricketer, W.G. Grace, who was a local doctor.
South of Eastville Park, flooding of the Frome and the Avon has caused serious and widespread damage in the past, especially in Eastville, St. Werburghs and Broadmead. A number of flood prevention schemes in the City culminated in the completion of the Northern Stormwater Interceptor in 1968, which can be seen at Eastville.

Wickham Court can be seen above the river north of Wickham Bridge. This 17th Century farmhouse was reported to have been the meeting place of Cromwell and Fairfax in 1645 before the attack on Bristol in the Civil War.
The picturesque cottages facing the river at Snuff Mills were originally quarrymen’s cottages. Old quarry workings can be found along the valley, particularly around Snuff Mills park. The Pennant Sandstone was loaded onto barges and taken down-river to Bristol. The remaining mill is one of several which used to work this section of the river. The waterwheel seen turning was the last one to be used on the site.
Frenchay, a corruption of ‘Fromeshaw’ meaning small wood by the Frome, was originally a community of millers and quarrymen. Serious flooding has occurred along this stretch in the past and the stormwater channel with concrete sides was constructed to act as a measuring weir so that the flow could be controlled. The Grove at the bottom of Frenchay Hill is associated with Edward Higgins, a notorious highwayman who arrived from America in 1763. His ill-gotten gains allowed him to become established in Bristol’s high society before he was executed in 1767 despite attempts to forge a reprieve. Adjacent to Cleeve Road, on the opposite side of the river lies Cleeve Mill, one of the best preserved mills along the river, with some stone-work dating back to the 17th Century. Originally a corn mill, it was adapted to make agricultural tools in 1798 before operations ceased in 1885. At the turn of the century when boating was popular it was a tea room before becoming a private residence. Cleeve bridge hides an earlier arch, possibly medieval, which can be seen beneath. During the 18th Century money taken at the tollgate was used to upkeep the roads. A post marked ‘Turnpike Trust 1823’ can still be seen today.
Just south of Winterbourne Down a short diversion can be taken to climb Bury Hill, upon which sits an ancient Celtic fort, built about 700 BC. The double earth ramparts are well preserved except on the western side, where they were destroyed by quarrying along with a Roman wall. The Romans later occupied the fort, facing the River Severn, to defend against invasions from South Wales.

The impressive Winterbourne Viaduct dominates the surrounding landscape with its 11 huge arches rising up to 100 feet above the river. It was built with huge blocks of local stone and completed in 1902 as part of the Wootton Bassett to Patchway railway, now part of the London - South Wales main line.

Just to the south of the Viaduct the walkway passes close to Huckford Quarry which provided sandstone for the railway. The quarry is now managed as a Local Nature Reserve providing a pleasant area to explore the woodlands, grasslands and rocky slopes.
Nightingales Bridge is the only surviving arched bridge of three that once existed in the village of Frampton Cotterell.

Over the other side of the river, up the hill on Factory Road, a large dwelling can be seen which originally was the Watley's End Hat Factory. In the 19th Century over 100 people were employed here to make beaver hats.
At Frampton Cotterell the path passes around St. Peter’s Church, rebuilt in the late 19th Century but retaining the original tower from medieval times. The old pound gate can be found in the churchyard wall, although the original pound, where stray animals found in the village were kept, was on the opposite side of Church Road.

An old tramway can still be seen today behind St Peter’s Church. This is the location of the now disused Roden Acre Mine, where iron ore was worked at the end of the last century and transported, via the Tramway, to Iron Acton where it then went on to South Wales.
A mill was recorded at Algars Manor as early as the Doomsday Book (1086), although the last mill ceased working at the end of the 19th Century and the wheel was later removed. A well preserved mill race can be seen in the attractive gardens of the Manor, originally a Tudor house rebuilt in the 18th Century. The walkway passes close to Chill Wood which is a Local Nature Reserve owned by Iron Acton Parish Council. Circular depressions mark the position of abandoned vertical shafts from 17th Century mines.

A nature trail runs between Algars Manor and Chill Wood. The wood includes the not so common Wild Service Tree and all three of the UK woodpecker species may be found here.
The Tubbs Bottom Weir is to the south east of Chill Wood, and was built to alleviate floods lower down the river. In the 18th Century the land beside the river was mined for coal with simple ‘bell’ pits with a windlass to raise the coal to the surface. Excavations for sewer pipes revealed a coal seam only a few metres below ground level along the valley.

The Weir and Mill Leat (now dry), to the north of Nibley used to supply water to the 17th Century Nibley Mill.

A plaque on Stover Bridge states that it was built in 1898. The word Stover is a corruption of Stanford, which means stony ford.
Goose Green Fields is a site of Nature Conservation Interest consisting of low lying wet grassland, marsh and scrub. South Gloucestershire Council now own and manage the site in partnership with a local wildlife group.
At Chipping Sodbury the path passes around the edge of Barnhill Quarry. The quarry was started in the late 19th Century and then extended to the north of Love Lane in 1958 and extended further still in 1977 by tunnelling under the Wickwar Road. The quarry contains fossiliferous limestones and is a Site of Geological Importance.
To the east of Chipping Sodbury, the steep scarp slopes of the Cotswold Hills can be seen in the distance. They are crowned by an Iron Age hill fort south of the farm on the skyline. Two air shafts protrude from mounds of waste marking the site of the Great Western Railway tunnel. The workers were lowered down six such shafts and they brought up the excavated material the same way.
Located on the route of the walkway, at the junction of Badminton Road and Commonmead Lane, is a former 19th Century tollhouse, which is being converted to residential flats. The path officially ends at the foot of the Cotswold Hills, although a pleasant extension to the walk is to continue along the Cotswold Way to Tormarton Village for spectacular views over the valley from the top of the escarpment, and where parking and a bus service is available.
**Bus Service Access Points**

- **Eastville Park**
  Frequent bus services to/from Bristol City Centre, Bristol Bus Station and Stapleton Road Railway Station.

- **Stapleton**
  Frequent bus services to/from Bristol City Centre and Stapleton Road Railway Station.

- **Blackberry Hill**
  Frequent bus services to/from Bristol City Centre.

- **Frenchay Common**
  Nearest bus stop for frequent services is on the B4058 at Begbrook Park. Frequent services to/from Bristol City Centre.

- **Whiteshill**
  Hourly bus service from Bristol Bus Station and Yate Railway Station.

- **Kendleshire**
  Frequent bus service to/from Bristol Bus Station and Yate Railway Station.

- **Frampton Cotterell Church**
  Hourly bus service to/from Bristol Bus Station and Yate Railway Station.

- **Chipping Sodbury**
  Frequent bus services to/from Bristol Bus Station and Yate Railway Station.

- **Old Sodbury**
  Nearest bus stop for services to/from Yate and Bath is at The Dog Public House on the A432.

**Rail Services**

- **Bristol Temple Meads Station**
  Trains run at irregular intervals between Bristol and Yate. Hourly trains to Stapleton Road Station, Monday to Saturday but NO Sunday service.

- **Stapleton Road Station**
  Hourly local trains from Bristol Temple Meads and Severn Beach. Also infrequent trains from Bristol Parkway, Yate and Gloucester.

- **Yate**
  Local trains from Gloucestershire, Bristol Parkway, Stapleton Road and Bristol temple Meads. Also served by buses to/from Frampton Cotterell and Chipping Sodbury.

Please note that bus and train services are subject to change at short notice. The information in this leaflet is intended as a guide only. References to frequency apply to Monday to Saturday daytimes. Not all services run daily and most run less frequently on Sundays and Bank Holidays.

For all bus timetable information please ring TRAVELINE on 0117 955 5111 (between 0800 and 2000 daily). Bus services numbered between 500 and 999 are provided with financial support from local councils.

For all train information, please ring NATIONAL RAIL ENQUIRIES on 08457 484950 (24 hours daily).
The Forest of Avon is a special place in and around Bristol where the landscape is being transformed into a unique and exciting environment. Through hundreds of projects many organisations and individuals are working together planting thousands of new trees and managing existing woodlands for wildlife and sustainable timber production. Improved recreational opportunities in The Forest of Avon are ensuring that the local people have space to relax and engage in sport and leisure for a healthier lifestyle. The Frome Valley Walkway is one of many recreational routes which will help you explore the Forest and surrounding countryside. Contact the Forest of Avon on (0117) 953 2141 or visit our website on www.forestofavon.org for more details.